



INTERNATIONAL DANCE DAY

newsletter

29TH APRIL 2024



World Dance Day is celebrated every year on 29th April and just as every year, a magnificent programme was organized by the alumni and the students of our school .

The **Guest of Honour** was **Shri Shubham Acharya**, an alumnus of our school from the 2012 batch and a highly accomplished figure in the field of dance. His art form- Chhau Dance, has also been recognised by the Ministry of Culture, GOI.

**Dance is the
hidden
language
of the soul.**





The programme commenced on an auspicious note with the Pooja of Lord Natraja. Dashavatara, a dance depicting the 10 avatars (incarnations) of Lord Vishnu was performed by the students from M1 to S2.



Shreyasi Das, another alumna of our school of the 2024 batch, presented an excerpt from **Varanam**, a traditional Bharatnatyam recital.





Keeping the best for the last, **Mr. Shubham** performed the **Chhau Dance** on an anthropomorphic representation of a poem by Rabindranath Tagore 'Aaj Ke Amar Mon Mayur Madon Nache Re' which literally translates to 'Today my heart dances like a peacock'.





**Dance is a
conversation
between body
and soul.**



It was followed by an address by our esteemed Director **Mrs. Lata Vaidyanathan** and the Principal **Dr. (Mrs.) Mudita Sharma**. They spoke about the spirit of dance and how integral it is for the well-being of the mind, body and soul.

(Left to Right)
Principal **Dr. Mrs. Mudita Sharma**,
Director **Lata Vaidyanathan**,
Vice Principal
Mr. Sanjay Bhardwaj

