



Gyan Bharati School
Saket, New Delhi-110017

Topic: Parent-Teacher Orientation & Parenting Session

Venue: Respective Classrooms

Conducted by: All the CTs of the Primary Department

Incharge: Mrs. Anupama Chand

Date: 6th July 2024

The Primary Parent-Teacher Meeting (PTM) combined with a Parenting Session for classes P1 to P5 was organized to foster better communication and understanding between parents and teachers, and to provide guidance on effective parenting strategies. The agenda of the session was on creating effective parenting strategies & discuss nurturing environment for the kids.

The session began with a warm welcome by the CTs, who emphasized the importance of parent-teacher collaboration for the holistic development of students. The parenting session focused on providing practical advice and strategies for effective parenting. Key topics covered included:

- Techniques for implementing positive discipline at home.
- Strategies to foster independence and self-confidence in children.
- Importance of balancing study time with play and extracurricular activities.
- Ways to provide emotional support and understand the emotional needs of children.
- Tips for managing and reducing screen time.
- Health & hygiene.
- Importance of establishing a secure routine for the child.
- Establishment of punctuality & importance of time.
- Academic concerns & their interventions.
- Teachers shared updates on the curriculum, upcoming assessments, and classroom activities.
- Information on various extracurricular programs and their importance in overall development was discussed.
- Highlights of student achievements in academics, sports, and other activities were shared.
- Dealing with behavioural issues.
- Supporting learning at home.
- Managing peer pressure.

There was a healthy discussion amongst the parents where it was seen parents taking advice & was noted as a very welcome step towards creating a proactive parent community. The session concluded with closing remarks, reiterating the importance of continuous communication and collaboration between parents and teachers. Parents were encouraged to stay involved in their children's education and to attend future sessions and meetings. The positive feedback received underscores the importance of such initiatives in the overall development of students.



