



Gyan Bharati School, Saket  
New Delhi

**Date:** 10.07.2024

**Name Of the Event:** Launch & Installation of Sanitary Napkin Dispensers & Session Menstrual Health and Hygiene for female students (M1 Onwards)

**Teacher In charge:** Mr. Satish Dixit (Incharge of GBS Business Blasters Club), Ms Roma Doraiswani (Incharge, Middle), Ms Vanshika Kohli & Ms Grisha Kharbanda (School Counselors)

**Report:**

On 10th July 2024, a session on menstrual health and hygiene was conducted for female students from class 6th onwards. The session was organized by the school counselors in collaboration with the *GBS Business Blasters Club* (Teacher Incharge : Mr. Satish Dixit) who undertook a project of launching and installing sanitary napkin dispensers in school premises to improve menstrual hygiene facilities in the school along with the following students :

1. Khushi Sethi : SS1-A
2. Anwita Saini : SS1-A
3. Nikhil Asrani : S2-A
4. Darshini Choudhary : S2-D
5. Saisha Chowdhary : S2-E

The primary objective of the session was to educate young girls about menstrual health, hygiene practices, and the importance of maintaining good menstrual hygiene. Additionally, the launch of sanitary napkin dispensers aimed to provide convenient and dignified access to menstrual hygiene products within the school premises.

The session began with the GBS Business Blasters Club unveiled the installation of sanitary napkin dispensers across various locations within the school premises. These dispensers were stocked with quality sanitary napkins to ensure easy access for students during school hours.

This was followed up with an introduction to menstrual health, explaining the biological process of menstruation and addressing common myths and misconceptions by Ms Roma and the school counselors. Emphasis was placed on normalizing discussions around menstruation and promoting a positive attitude towards menstrual health.

